



TOGETHER WE CAN
DRUG & ALCOHOL RECOVERY & EDUCATION SOCIETY



Welcome to Arise Wellness Centre.

Join us for a preview of our newest facility, Arise Wellness Centre. The ARISE program embodies a holistic trauma-informed approach to recovery that allows you to discover more about yourself. The team works closely on a 1-1 basis, modelling integrity; ensuring that they meet you where you are at, with support and empathy. As a client, you are given a new lease on life as you learn about your values, beliefs, assets, liabilities, and behaviours that may hold you back. This is accomplished by guiding you through a variety of holistic models.

Learn more about the Arise program



Have you or a loved one in recovery from addiction or are you just starting on your journey and want to share the hope you feel? We're collecting personal stories of addiction recovery to share with readers in both our blog and in an upcoming project!

If you are interested in sharing your story in written form, please send an email to dpenny@twcrecoverylife.org

TWC Family **BBQ**



SUNDAY JUNE 25TH 2023 11AM-2 PM

JOHN HENDRY PARK (TROUT LAKE) PICNIC SITE

**FREE BBQ LUNCH PROVIDED FOR TWC RESIDENTS,
STAFF, VOLUNTEERS, ALUMNI, FRIENDS & FAMILY**

PARTNERING WITH:



**CARACTURE ARTIST
FACE-PAINTING
BADMINTON, VOLLEYBALL, BOCCE
TUG-O-WAR & RELAY RACES**

REMEMBER TO BRING A BLANKET OR LAWN CHAIR

In partnership with BC Diabetes, we're happy to announce the return of our annual TWC Family BBQ on June 25th from 11am to 2pm at Trout Lake park!

Join us for food catered by the wonderful Mark & Michelle, and enjoy an afternoon of family friendly fun, games, and face-painting! Our crowd favorite caricature artist will once again be providing free drawings (first-come, first served), and of course the bbq meal is provided!

Find out more, and RSVP at:

<https://www.facebook.com/events/904938454185885>



10 Ways to Address Concerns about an Employee's Drinking or Drug Use

Opening up a conversation about a potential drinking or drug use problem with an employee can be challenging. It requires sensitivity, empathy, and a genuine concern for their well-being. Over at the blog, David offers some conversation starters to help you approach the subject of substance misuse while supporting your employee.

[Click here to read the article on Medium.com](#)

REWIRED RECOVERY FOUNDATION PRESENTS



CELEBRATE THE BIGGEST HITS OF THE
'70S, '80S AND '90S!

MR. ESQ, DETAILS, KING BENZ, AND OKTIV 6 • MOSTLY MOTOWN
THE RAINSHADOW AL BAND • NAUTICAL DISASTER
COMEDIAN DAN DUVAL AND FRIENDS

MUSIC
FOOD
COMEDY
VENDORS

JULY 22, 2023
NOON-7PM
STARLIGHT
STADIUM
PLAZA
LANGFORD, BC

TICKETS ARE \$55 AND INCLUDE
A SOBERFEST SWAG BAG.

SOBERFEST is an alcohol and drug free
festival in Victoria, BC where we celebrate
addiction treatment and recovery.

soberfestvictoria.ca



Together We Can is once again a proud sponsor of this year's Soberfest on Vancouver Island! TWC will be providing one person with a scholarship placement of 3 months in primary care, and an additional 3 months of sober living in one of its many residences across the Lower Mainland and Vancouver Island.

To learn more about Soberfest, visit their facebook page:

<https://www.facebook.com/SoberFestVictoria>



This past weekend, Together We Can hosted its annual Summer Slam Recovery Slo-Pitch Tournament. While our photographers and videographer are busy editing content to put together a fantastic recap video, we wanted to share a few highlights from the weekend!

Follow us on Facebook to see the all Photos: [View them here!](#)



Are you aware of the devastating toll that addiction has taken on British Columbia? The latest drug death statistics paint a grim picture, highlighting the urgent need for support. By making a small monthly donation to addiction recovery, you can become a beacon of hope for individuals and families affected by substance abuse. Your contribution will help people access life-saving treatments, counseling services, and community support programs, providing a lifeline to those battling addiction. Together, we can make a real difference, offering a chance at recovery and helping to rebuild shattered lives. Join us in this vital mission to combat addiction and save lives in British Columbia. Every donation counts and has the power to create lasting change.

Make a donation today!

